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RESCUE

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*mission*

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DID THE SUMMER ELEMENTS  
LEAVE YOUR LOOKS IN  
NEED OF A REFRESH?  
NO WORRIES, BEAUTY AID  
IS ON THE WAY.

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BY ILANA BLITZER  
PHOTOGRAPHY BY SUZA SCALORA



*oh, honey!*

Even the most diligent SPF-wearers among us have some unprotected summer sun moments. And come fall we pay the price with redness, brown spots, fine lines and moisture loss. Get some easy OTC fixes for discoloration, wrinkles and other skin woes on page 165. But you can also try one of our favorite super-hydrating home remedies: For dry skin, add a little bit of 100% pure honey (just the size of a pea) to your regular moisturizer. Turns out the natural nectar is a humectant—great for giving your regular lotion a boost—and also antimicrobial. An easy alternative is a moisturizer that lists honey as the main ingredient, such as Mario Badescu Honey Moisturizer.