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Pampering for Less



PAYLESS PAMPERING

Pay less and pamper yourself more with these easy home beauty recipes. Now, get mixin'.

Psst, read this **first!**

Before you use any of these recipes, always do a patch test (some ingredients can be a little unpredictable). Take a teaspoon of the prepared mix, apply it to the inside of your forearm and wait 24 hours (put the rest of the concoction in the fridge to keep it fresh). If you're in the clear, then go ahead and do your thing.

HUNGRY HAIR

Feed your tresses:

What you need:

- 1 egg
- 1 tsp honey
- 2 tbsp olive oil

Directions: Crack the egg into a bowl. Add honey and mix with an electric beater for 10 seconds. Pour in oil and blend for another 20 seconds. Take the mixture with you into the shower. Shampoo and condition as usual, then apply this superconditioning concoction to your hair (keep it away from your eyes!). Massage it in for about five minutes. Rinse thoroughly with warm water.

Say buh-bye to frizzy hair

What you need:

- 1/2 cup hair conditioner
- 1/2 cup honey
- 1 tbsp almond oil

Directions: Mix ingredients in a plastic measuring cup. Pour over damp hair and work it in. Leave in about 20 minutes for really deep conditioning. Rinse thoroughly.

ZIT ZAPPER

Make those red bumps go far away

What you need:

- 1 tsp salt
- 1/2 tsp honey
- 4 tbsp water

Directions: Soak a cotton ball in a small glass of saltwater, then press it on top of the pimple for three minutes (the salt helps dry out the bump). Dab the spot with honey and let sit for 15 minutes (this softens the area and begins to loosen the pore plug, ultimately shortening the zit's life span). Splash your face with warm water to rinse honey off. No popping, please! Oh yeah, only use one cottonball per zit to avoid cross-contamination.

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